With a purchase over $1,000 you’ll receive VIP pricing and three, 2-night hotel stays. With any purchase over $1,500 you’ll also receive a 50-inch pearl strand and bracelet and 50% off any men’s band. No prior sales apply. Offer good 3/1/2012 through 11/1/2012.

Sierra-West Jewelers

1346 South 800 East, Orem • Southeast of University Mall • 801-224-6006 • 800-645-4676
60 East 10600 South, Sandy • East of South Towne Mall • 801-984-9700
6196A South State Street, Murray • West of Fashion Place Mall • 801-713-1500

Sierra-West Jewelers

1346 South 800 East, Orem • Southeast of University Mall • 801-224-6006 • 800-645-4676
60 East 10400 South, Sandy • East of South Towne Mall • 801-984-9700
6196A South State Street, Murray • West of Fashion Place Mall • 801-713-1500
This Is The Romantic Place For Everyone!

High on the East Bench.
One Place.
Eight Venues.
One that’s perfect for you.

This Is The Place Heritage Park
2601 E. Sunnyside Avenue SLC, Utah 84108
801.924.7507 • www.thisistheplace.org
SKYROOM
Wedding Celebrations

Leave the details to us and we will create the perfect day for you. Available for: Rehearsal Dinners, Wedding Breakfasts, Luncheons, Dinners

photos by Mikki Platt Photography

BYU Catering
801.422.5001 | dining.byu.edu/skyroomweddings
Bridal Guide

7

TEMPLES

Being prepared and recommend ready to enter the House of the Lord

8

RINGS

Espousing the bling to commemorate your marriage

10

PHOTOS

Capturing shots and selecting a photographer

14

CUSTOMS

Commencing your life together with old, new, borrowed and blue


©Copyright 2012 The Daily Universe, Brigham Young University. All rights reserved. No part of the publication may be reproduced without the express written permission of the copyright holder. The Daily Universe is a registered trademark of Brigham Young University.
A boat neck is that beautiful Sabrina Collar or two of the collarbone and that drops to within an inch front and then another in the back,” Meacham said. A sheer or lace underlayer Hepburn’s role in the film that comes up into a neck in conjunction with sheer Scallops can also be used follows the collarbone. "A lot of the dresses here extends out on the sides. Kennedy neckline that have one shape in the collar can add a regal touch to any dress.

Boat Neck
High Neck

Named after Audrey Hepburn’s role in the film "Ladies Love Brutes," this high neck is named after the actress herself. It's a classic choice for weddings and formal events.

Scoop Neck

Scoop neck looks great on brides with wider faces. It dips down the chest, the opening and full-curving scoop neck looks great on every bride, distinguishing the variety of wedding gown necklines.

Sweetheart

Sweetheart necklines can be extreme, with sharp opening below the neck, high sweetheart that works best with thin plain silk ties or wide or spread collar shirts.

Distinguishing the variety of wedding gown necklines

Perfecting his look before tying the knot

Notifying the net about your eternal relationship status

Coloring your reception and staying within the lines

Flowering the look at a seasonal reception

Financing the future without mortgaging your spouse

Bettering the blessed bond to bountiful bliss and beyond

Receiving the odd and unusual

Wondering what he does besides show up

Reading the list, checking it twice, remaining nice

Dresses
Tied
Online

ADVERTISERS

Allyse’s Bridal and Formal, 15
Bella Vista Reception & Events, 26
Bridal Center, 32
BYU Skyroom Restaurant, 2
Cake Couture, 30
Campbell Photography, 31
Castle Park Event Center, 25
The Diamond Bridal Store, 14
Diamond Rental, 27
Dr. Saunders Obstetrics and Gynecology, 29
Gateway Bridal and Prom, 6

Goldsmith Co. Jewelers, back cover
Lauren James Bridal and Formal, inside back cover
The Manor at the Riverwoods, 21
Mr. Mac, 12
Sierra-West Jewelers, inside front cover
St. Regis Deer Valley, 13
Sweetheart Bridal, 20
Temple Square Hospitality, 5
This Is The Place Heritage Park, 1
Utah Valley Convention Center, 30

universe.byu.edu/bridalguide
Garden Weddings at Temple Square
www.weddingsattemplesquare.com

801-363-5466

Whitney Lewis Photography
FALL IN LOVE WITH OUR SELECTION OF EXQUISITE MODESTLY DESIGNED WEDDING GOWNS AND BRIDESMAID DRESSES PERFECT FOR YOUR MOMENT.

LOCATED AT THE SOUTHWEST CORNER OF THE GATEWAY MALL
178 South Rio Grande Street, Suite 150 Salt Lake City, Utah
801.363.2574 • 888.696.3633 toll-free

Please call to schedule your appointment

GATEWAY Bridal & Prom
HOME OF THE LatterDayBride COLLECTION

LOCATED AT THE SOUTHWEST CORNER OF THE GATEWAY MALL
178 South Rio Grande Street, Suite 150 Salt Lake City, Utah
801.363.2574 • 888.696.3633 toll-free

Please call to schedule your appointment

Your wedding dress should meet the following temple guidelines:

- Be white. No off-white, ivory or cream-colored dresses. Please avoid fastened color ribbons, sequins and elaborate ornamentation. Colored sashes, worn for photographs and reception activities, will need to be removed in the temple.
- Have long sleeves. If your dress has short sleeves, the temple can provide a bolero or sleeve inserts.
- Have a modest neckline, and be modest in design and fabric. Sheer fabric should be lined.
- Have a removable train or one that can be pinned up or fastened out of the way.

If a wedding dress does not meet the guidelines above, you may wish to wear one of the wedding dresses available at the temple. Wedding dresses should always cover the sacred garments. Temple garments should not be altered or removed in order to accommodate the style of the wedding dress. Brides being endowed the same day as their marriage or sealing may wear a white temple dress (available at the temple if needed) for the endowment session.

**GROOMS**

White temple clothing is worn for the marriage ceremony.

**Temple Recommends**

Schedule an interview with your bishop to obtain a Recommend for Living Ordinances for your own endowment (if not previously endowed) and for the temple marriage/sealing. If you have previously been married in the temple, discuss the next steps with your bishop.

After your interview with the bishop, schedule a temple recommend interview with your stake president. Receive your endowment on or before your wedding day.

On the day of the wedding, bring to the temple:

- Your individual Recommend for Living Ordinances (both bride and groom)
- Marriage license

---

**Reflecting on Eternity**

*Preparing to Enter the Temple*

PHOTO BY VAL BRINKERHOFF. VALBRINKERHOFF.BYU.EDU
You’re finally ring shopping! With so many options, it can be hard to know what you’re looking for. Use this chart to help you get an idea of what ring best suits your style.
Diamond?

Nay!

Why Not?

Boring

Pricey

Just Not Me

Do You Even Want a Stone?

Actually, No

Do You Want It to Look Like a Diamond?

Please

Nope

How’s Your Birthstone?

Meh...

Avant Garde or Traditional?

Skin Tone?

Cool

Warm

Yes

Nah

Garden, Box or Rock Climb Often?

Silver

Gold Band

White Gold

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?

Classic

Hip

Cushion

Pearl

Ruby

Solitaire

Gems

bedded

Garden,
Box or
Rock Climb
Often?
Timeless ENGAGEMENT PHOTOS

BY HUNTER SCHWARZ AND HOLLAND DAVIS
Engagement photo styles have changed over the years, and as one of the most lasting memories from a wedding, many couples worry about taking photos that are timeless.

Engagement photos have always been a chance for a bride and groom to introduce themselves as a couple and announce their wedding. Wedding photos first became popular in the 1860s when couples began hiring a photographer to come to the wedding or take professionally posed photos in their wedding clothes after the big day. As photo technology improved, taking wedding photos became more widespread and complex, and taking photos well before the wedding day became common practice.

“Engagement photos used to be a couple looking dead on at the camera and smiling,” said Kate Lehnhof, associate editor of Utah Valley Bride magazine. “They would usually take boring pictures in boring places.”

The simple photos would often be supplemented by effects, such as have a misty look or placing a second, faded close-up of the couple in the top corner of the photo.

Photographers now rely less on these effects, which today can look dated, especially when the bride and groom have clothing and hairstyles that haven’t aged well.

Couples today typically want more photos than they have in the past. A single photo is needed for the invitation, but couples often want other photos to share with friends and family.

To make sure these photos look timeless, Lehnhof said couples should focus on having a classic look.

“Don’t wear anything too trendy,” she said. “You don’t want your clothes to be the focus. Pick simple clothes that are timeless and use basic colors.”

Many photographers like to take styled photos with props and themes, but Justin Hackworth, a Provo-based photographer, said he chooses not to, and instead focus on the couple.

“If they’re on train tracks with luggage, it’s distracting from what I think should be a central message, which is what they feel about each other,” he said.

Hackworth said many couples want photos that look like they came out of a magazine, but he said you should be wary. Photos in magazines are intended to sell a product immediately, he said, and may not necessarily look good in 10 years.

Choosing the Photographer

• Check out their blog or website. Find a photographer with a style similar to your own.
• Talk to your friends and find out who they used or considered for their wedding photos.

Getting What You Want

• Voice your questions and concerns to the photographer before the big day.
• Know what type of pictures you want—candid or posed?
• Make sure the photographer knows the specific shots you want.
In today’s wedding planning, you don’t just choose red, but instead it’s a choice between crimson, rose, vermilion and many more. With so much out there, choosing your wedding colors becomes a little more difficult than picking your favorite color.

Consider the following color schemes to help narrow your color selections.

**Monochromatic**
This color scheme uses only one color, but in as many different shades as you want. The advantage of this color scheme is that it is simple and elegant, but limits variety.

**Triad**
This color scheme forms a triangle on the color wheel. Although this gives you plenty of options for decorating, it is easier if one of the colors is used as the primary color and the other two serve as accent colors.

**Analogous**
These colors are closely related because they sit next to each other on the color wheel. Choosing this color scheme helps keep things simple and adds a little flair to your wedding.

**Complementary**
Colors in this category are opposites on the color wheel. The example above shows how a complementary scheme like blue-orange can be adapted to match the feel of your wedding.
Happily Ever After Begins Here

Dreams Become Exquisite Reality

Since the first hotel opened in 1904 in New York City, St. Regis has provided gracious service and elegant venues to the most discerning brides. Now the tradition continues at The St. Regis Deer Valley where the Wedding Concierge will help you create your perfect storybook wedding in a destination beyond compare. To turn your dream into a reality, set an appointment with the Wedding Concierge at The St. Regis Deer Valley.

Be sure to ask about special spring and fall wedding packages.

To take the first step on the journey of a lifetime, please visit StRegisDeerValley.com/Weddings or contact Terri Gentry at 435.940.5736 or terri.gentry@stregis.com.
Some wedding traditions go as far back as the Roman Empire, others as far back as a great-grandparent. Regardless of its origin, a wedding tradition can be a special custom important to the big day, and often something expected by family and guests. However, when a tradition is cumbersome to wedding planning or not something envisioned in the big day, it might be better to drop it. Which traditions can be left out without offending guests? This guide lists a few wedding traditions and tips in order, from most to least important.

**Thank You Cards**
To express appreciation for all those who helped celebrate your wedding, it is important to write them a thank you card. Often, couples will send a photo of them to make it more personal. It is appropriate to write the cards together as husband and wife; after all the gift was for both of you. This is one tradition that shouldn’t be ignored.

**Receiving Line**
This may be one of the most dreaded traditions – who doesn’t want to party at their own wedding? A receiving line isn’t required; though you should greet and thank all those who come to the reception, and a receiving line is the easiest way to do so. However, it’s OK to go and enjoy the party. Bridalguide.com says, “If you have a large wedding, it’s OK for you and your husband to ‘divide and conquer’—each of you can visit with guests from your ‘sides.’ This way, you’ll slash your meet-and-greet time in half.” The bride and groom can eat the food, dance to the music and celebrate their big day.

**Wedding Cake**
The tiered wedding cake tradition started in Anglo-Saxon times, when guests would bring small cakes and stack them on top of each other. Now, instead of a grandiose wedding cake with tiers and elaborate frostings, cupcakes or a dessert bar can highlight
the reception. The treats are more likely to be eaten and enjoyed by the guests. It isn’t recommended to completely forgo the importance of a wedding cake – a small one can be shared between bride and groom for pictures.

**Bouquet/Garter Toss**

Typically at receptions, the bride tosses her bouquet to the single women, with the belief that whoever catches it will be the next one to marry. Similarly, the groom tosses his new bride’s garter to the single men at the reception. Often expected at a reception, these traditions are fun and although not necessary, are a nice way to involve guests more in the reception. It is wise not to force people to participate, however, if they would feel embarrassed.

**Bride’s Family Pays for the Wedding**

Tradition says the bride’s family pays for the wedding and the groom’s family pays for the honey-moon, but it is often common for costs to be split up as necessary. “Oftentimes, the actual funding for the wedding, the expenses, are taken care of by a slew of people as opposed to only the bride’s family,” says Lizzie Post on womansday.com. “You want to honor the tradition by allowing the bride’s family to take the reins if they want to, but [the groom’s family should] honor the new custom by offering.”

**Bride Makes All Wedding Plans**

It is OK for grooms to be involved in making wedding plans. Generally, he may not be interested in all the details, but it’s still important that the bride asks his opinion and invites him to participate. Emily Post Etiquette Encyclopedia says, “Couples often take mutual responsibility for everything from choosing the guest list to writing thank-you notes.”
Unraveling THE USUAL

BY KATE BENNION

When Lisa Allred began planning her wedding, she knew what she didn’t want: a typical wedding dress.

“Anything with a fitted bodice, cap sleeve and scoop neck … not a fan,” Allred said. “I wanted something that was more interesting.”

Some LDS brides tire of rack after rack of the “cookie-cutter neckline,” but there are lots of modest options, said Jaime Meacham of Abella Bridal.

“You have more variety with sleeves, actually, instead of just the one – sleeveless,” Meacham said. Here are 10 ways to avoid the scoop-neck status quo.

Sheer or Lace

“If you cut the under layer or the lining layer down farther into the dress, you can reveal a little bit of the natural skin tones coming up through the laces or the sheer of the gown,” said Nancy Barrus, owner of Avenía Bridal. This also allows for variety and customization.
Keyhole Back
This more retro look is seeing a comeback. The dress is distinguished by a small opening below the neck, high on the back.

High Neck
A sheer or lace underlayer that comes up into a neck collar can add a regal touch to any dress.

Scallops
“A lot of the dresses here have one shape in the front and then another in the back,” Meacham said. Scallops can also be used in conjunction with sheer or lace to add interest.

Sabrina Collar
Named after Audrey Hepburn’s role in the film “Sabrina,” it’s a wide, shallow, curving neckline that drops to within an inch or two of the collarbone and extends out on the sides.

Boat Neck
“A boat neck is that beautiful straight-across neckline,” Barrus said. Think a Jackie Kennedy neckline that follows the collarbone.

Queen Anne
“When a dress has a little bit more of a traditional or a vintage look, then that’s a beautiful neckline,” Barrus said. Queen Anne can also include a variety of collars.

Collar
Asian-influenced, prep or folded collars all add variety to necklines and tend to look the most flattering on small-shouldered brides.

Sweetheart
Flattering on every bride, Sweetheart necklines can be extreme, with sharp angles or sculpted to be more subtle and soft.

Scoop Neck
Characterized by its wide opening and full-curving dip down the chest, the scoop neck looks great on brides with wider faces.
Half Windsor
As the name implies, typically half the size of the Windsor knot. The Half Windsor can be used with any dress shirt and works best with wider ties.

Christensen
A little-known balanced knot that looks great with thin plain silk ties or decorated motifs to be worn at formal or semi-formal occasions.

Windsor
A thick, wide, triangular knot common among missionaries. Best suited for similarly-sized wide or spread collar shirts.

What’s Good, What’s Knot
After the bride has gone through numerous alterations and fittings for her dress, the groom should make sure he looks just as sharp. Tying the right kind of knot for his tie and collar will ensure he is put together.

Should I wear this for my wedding?

Yes, yes, yes, yes.

When dressing for moments of occasion, you can’t go wrong with dignified neutrals—in both color and pattern. If the groom’s tie should match a wedding color, make it exact. An almost-match is worse than an intentional non-match.

According to GQ senior fashion editor Lisa Cohen, a dimple in your tie is the finishing touch to take your look from passable to polished.
Avoid ties with distracting patterns, colors or size. If it is wide enough to accommodate a 747, it shouldn’t be worn at a wedding. If it is bright enough to help a 747 land at night, give it to an air traffic controller and get something new.

As for length, your tied tie should touch the top of your belt buckle. If it’s too long, you can look like a new deacon; too short, and you look nerdy.

Shelby/Pratt
A simple knot that uses less length to tie than either of the Windsor knots and looks great for shorter ties or taller men. The Pratt produces a medium sized symmetrical knot.

Four-in-hand
A fashion favorite which makes a narrow, discreet and asymmetrical knot. Best suited for standard dress shirts and thinner ties made from heavier fabrics like wool.
Flowres are a beautiful way to enjoy your wedding day and to set the tone. The season of your wedding may impact your flower options and which colors look best. There are also different ways to get flowers, depending on your budget.

Candace Workman, event planner for Sleepy Ridge Weddings, explains that when couples are on a tight budget, the bare minimum for flowers is a bouquet and boutonniere. A professional should do these because they will be in all of the photos.

“They can help you get what’s in season and they know the best places to get flowers,” she says. “It’s not always cheapest to use a florist, but for the peace of mind I think it’s good.”

**Winter**
In season: anemone, amaryllis, holly, cymbidiums and orchids.
Traditional: dark red roses, lilies and tropical flowers.
Fun add-ins: cedar or pine, berries and red dogwood stems.

**Spring**
In season: peonies, ranunculus, flowering branches, sweet peas, daffodils and hyacinths.
Traditional: peonies, tulips, ranunculus and lily of the valley.
Fun add-ins: blackberries, ornamental kale (cabbage) and wheatgrass.

**Summer**
In season: blue delphinium, gladioli, columbine, dahlias, sunflowers, irises and snapdragons.
Traditional: hydrangeas, roses and Gerber daisies.
Fun add-ins: ribbons, pearls, lace, beaded wire and crystals.

**Fall**
In season: coxcomb, physalis (Chinese lanterns), crocosmia and craspedia.
Traditional: aster, chrysanthemums, lisianthus and zinnias.

**Available all year**
Roses, anthuriums, orchids, tropical flowers, lilies, Gerber daisies and baby’s breath.
Types of bouquets: Hand-tied, cascade and presentation.
Exclude from any bouquet: citrus fruit, foam birds, lights, garlic, pipe cleaners, duct tape, yarn, balloons and Hello Kitty.
Before the big day comes, couples should take time to discuss their financial expectations and goals.

“There’s a lot of information out there that answers questions of what couples can do to financially prepare for marriage,” said Scott C. Marsh, professor of finance at the BYU Marriott School of Business.

The following are three easy-to-use resources that can help engaged couples plan for the financial challenges in marriage.

**LDS.org’s financial webpage** This page focuses on self-reliance, family well-being and easy tips on how to create and use a budget, save for rainy days and pay off overwhelming debt.

**Mint.com** This powerful website pulls and updates all your financial information (savings and checking accounts, credit cards and loans) into one place where you can create and monitor budgets and set financial goals. It also provides helpful tools and graphs that reveal where and when you spend your money.

**ScottMarsh.com** This is Marsh’s online finance textbook, which provides valuable insight to help people make educated financial decisions about insurance, auto loans, credit management, housing costs, taxes, budgeting, debt management, tuition, entertainment spending and retirement.

Financial issues are bound to pop up at some point in marriage, but engaged and newlywed couples can minimize marital problems by taking advantage of the resources available to them.
Cake That, Social Media

BY JULIE STODDARD

He finally popped the question and you can hardly contain your excitement. Social media may be the perfect way to share your big news.

The rise in Facebook and Twitter popularity has brought with it entirely new etiquette for brides. According to Emily Nielsen, manager of The Bridal Center in Lehi, learning proper social media etiquette will help brides-to-be keep their weddings more personal and less chaotic.

Here are a few dos and don’ts that can help brides when it comes to social networking.

**DO**

**ANNOUNCE THE ENGAGEMENT**

Nielsen suggests that you can post photos of the ring and change your relationship status after you’ve set the date. “Social networking sites are perfect for sharing your good news with friends and family who are far away,” she said.

Just be sure to personally tell your close family and friends over the phone or in person before posting about your engagement.

**SHARE THE WEDDING DATE**

“Social media is perfect for people who have to make travel plans or book a flight or hotel, so make sure you share the wedding date on Facebook and Twitter,” Nielsen said. “This makes the trip so much easier on travelers.”
“Don’t use social media for your actual invitations, even if you have a group page,” Nielsen said. “You’re going to miss somebody and it might be somebody important. Your wedding is one of the most important days of your life and should be treated as such. Using social media to announce your wedding instead of sending out invitations trivializes it.”

“Posting any kind of registry might come off the wrong way,” Nielsen said. “Instead, make sure you let family and friends know where you’re registered.”

“I used Facebook to announce my wedding after telling close family and friends,” said Rachel Tolman, a BYU graduate. “It made it easier to tell people that lived far away our good news.”

Kelley Manning, a BYU student who recently got married, said she used social media not only to spread the word but also to get addresses for sending out the invitations.

“We created a group page where people could ask for a wedding announcement,” Manning said. “It was nice being able to send those out, just so people could really see me and my future husband’s cute photos.”

**DONT’**

**USE SOCIAL MEDIA INSTEAD OF PRINTED INVITATIONS**

**POST YOUR REGISTRY**
Beginning a new life as a newlywed couple can be a wonderful and gratifying experience, but many couples have preconceived notions that marriage will be exactly like their dating relationship, and that there will be no need for adjustments.

Couples must strive to establish independence together and resist being pulled apart, despite the challenges that come to all newlyweds. To build a better marriage relationship, follow these tips:

**PARTICIPATE IN HIGH-COMMUNICATION ACTIVITIES TOGETHER**

Find activities both enjoy, such as camping, traveling, sporting events, dancing or dining out. Activities such as these are conducive to high communication, while promoting free
time for you and your spouse to have fun together in a relaxed environment.

**KEEP DATING PART OF THE RELATIONSHIP**

Couples often grow apart right after marriage because of hectic work and school schedules, and they do not try to keep up the spontaneity and adventure of their dating relationship.

“Newlyweds transition into marriage and get the idea that they have already proven themselves to the other so they don’t need to date anymore or do those extra things for their spouse they used to,” said Brian Willoughby, a BYU School of Family Life professor. “The truth is, those things keep a marriage alive and thriving. They are necessary.”

**ESTABLISH A STRONG SENSE OF HUMOR**

After the honeymoon, there can be a reality check. Stress and irritation can ensue from living with a new person, even if that person is your eternal companion.

Arguments may emerge, and couples forget to simply laugh at themselves. Humor is important – a couple should be able to laugh at themselves, at their mistakes and at their misconceptions. Although many couples think arguing right after marriage is bad news, everyone has to make those adjustments. Laughter and a good sense of humor can go a long way in settling those differences.

**HONEST AND OPEN COMMUNICATION**

“There are many unforeseen challenges that come with being newly married,” said Thomas Holman, a School of Family Life professor at BYU. “It is necessary that couples find adequate time in their busy schedules to relax and spend quality time together.”

Holman said newlyweds will have differences and arguments that did not arise prior to marriage, and because of that, a couple will think something is wrong with their marriage. To avoid addressing that problem and to pretend it doesn’t exist, they will not talk about it. But open communication is the only way to solve any differences.

Holman said it is even healthy and good for those in a marriage to talk about differences and problems – it will improve the relationship and allow both husband and wife to move forward.

**INTIMACY**

Making adequate time for intimacy is necessary; both men and women need intimate relations in marriage in order to grow and bond together.

“Intimate relations were designed by the Lord as a sacred opportunity to renew marriage covenants, provide therapy and keep you two in love,” said Douglas Brinley in a January 2012 Ensign article. “It is essential in a stressful world that the two of you enjoy your physical and emotional relationship.”
Planning a Long Distance Reception

Book early
If you are getting married during the busy seasons like Christmas or summer break, book your venue as early as possible to avoid missing the ideal place.

Prepare
Make a playlist early of the music you want at the reception – and don’t forget your iPod when the reception is over!

Date
Set a date for the reception.

Venue
When looking at venues, keep in mind your budget and what you picture the reception to be.

Organize
Create a Google Doc to be more organized with distance planning. Technology is a great resource to oversee wedding plans. Utilizing websites like Pinterest or Google Weddings can keep everyone on the same page when distance is an issue.

BY MICHAEL ANN MCKINLAY

One of the many important decisions during the wedding planning process is where and how many receptions will be held. Going to school and planning a wedding outside of Utah might seem tricky, but it doesn’t have to be.

However many receptions you have, here are some tips from past brides when planning a distant reception:

The Reception Center with a View!

Bella Vista can accommodate your taste and personality with simple elegance. Floor-to-ceiling windows give you and your guests spectacular night views. Come celebrate your special occasion with us.

Bella Vista
275 West 200 North, Suite 300 · Lindon
10 miles north of campus
801-769-2700 · bellavistaultah.com
Distance Reception

**Simplify**
When planning a second or third reception, keep it simple – remember that if it isn’t a close location, it’s hard to oversee every detail.

**Resource**
Use connections with friends, ward members and family members.

**Arrange**
Set up decorations a day or night beforehand to reduce stress on the wedding or reception day.

**Gratitude**
Keep the relationships with the people helping at your wedding positive. They can be helpful when you aren’t there in person. Being grateful for their help is key.

**Remember**
Don’t add unnecessary stress. The reception is not the focal point of the wedding.

Photo illustration by David Bowman.
Three toasters, 18 plates and... a magical pear? Hundreds of years ago, Marion Hay married George Brown of Coluston. As part of the dowry, the groom received a magical, preserved pear. The pear supposedly had powers that kept the possessing family wealthy, and was passed down through generations until one lady took a bite. Financial ruin followed.

Sometimes wedding gifts are more pain than gain, and other times they are just odd. And sometimes they are just hilarious.

Here is a small compilation of wedding gifts that might make you wince, laugh or give you inspiration.

“We received 50-pound buckets of rice and sugar. It was awesome. We needed it.”

Dawn Vilchis
Edinburg, Texas, married two years

“We got a candle with our picture on it, which was nice until we actually used it and saw our faces distort as it melted.”

Wade Richardson
Eugene, Ore., married 52 years

“We received weird ceramic cow salt and pepper shakers.”

Lorraine Richardson
Springfield, Ore., married more than 30 years ago

“I received a horseshoe decorated with beads for good luck and fertility.”

Becky Price
Mesa, Ariz., married 13 months

“We got a clear glass plate with a photo of us on the underside, so you saw yourself every time you ate.”

Elizabeth Rotz
Orem, married 10 years

I can often be hard to think of what to give someone on their wedding day, especially if you care about the person. It turns out that seemingly strange gifts might actually be the most memorable or even meaningful, so think outside silverware and plates. If you start giving magical fruit, however, take a step in the other direction.
Months of planning and preparation are sure to make your special day one to remember. Typically, the bride does the majority of the planning when it comes to the details. But thankfully, some aspects of the wedding have traditionally been handled by the groom and his family, but which ones? Some examples of these responsibilities include her ring, tuxedos, get-away transportation, honeymoon travel accommodations and the rehearsal dinner or luncheon.

Pop the Question

The first responsibility of the groom is to buy an engagement ring. Many grooms take their potential brides to a jeweler to get an idea of what she’s looking for.

“Guys should stay awake when ring shopping. Have an opinion. Girls hate it when the guys don’t have an opinion on the ring,” said Dermont Roberts, salesman at Goldsmith Jeweler’s in Provo.

Look the Part

Tuxedo shops are busy places, so make arrangements early. Some wedding parties require up to 17 tuxedos and it takes time to get everyone fitted. The groom should plan to visit the tux shop at least a month before the wedding day.

“Gray is the most popular color recently,” said Jessica Hartzell, who works at Clark’s Tuxedos in Provo. ”Plan ahead. Tuxedos typically range from $60-$120.”

Get Away After the Wedding

Deciding exactly where to go on your honeymoon should be discussed as a couple, but the groom typically plans and pays for the trip itself.

Here are a few other things the groom usually fits the bill for:

- Get-away car
- Marriage license
- Bride’s flowers
- Corsages and boutonnieres for wedding party
- Luncheon prior to or after the wedding

While the bride may have been planning her wedding day for years, the groom’s responsibilities are equally important for that perfect day. Plan in advance, dress up and know your responsibilities before the big day rolls around.
### The “I Do” Agenda

#### 4 Months Before
- Set date, time and place
- Schedule time for sealing at the temple and endowment date and time
- Find wedding planner
- Figure out budget
- Decide who is paying for what
- Decide on theme and colors
- Select and reserve place for reception
- Choose photographer
- Take engagement pictures
- Find dress and, if needed, alter to temple standards
- Select and reserve place for luncheon/pre-wedding dinner
- Start to gather guest lists and addresses (keep a copy for thank you notes)
- Decide who you want at temple sealing (check for space available in sealing room) and at luncheon
- Ask two people to be witnesses at wedding (usually fathers)
- Discuss finances, transportation, education and long- and short-term plans with fiance
- Schedule temple recommend interview with bishop and stake president

#### 3 Months Before
- Pick out and order announcements
- Order wedding cake
- Choose caterer
- Meet with florist
- Pick out decorations for reception and arrange for any rental items needed
- Decide on wedding party
- Pick out or order bridesmaids’ dresses
- Find tux store
- Schedule reception music
- Choose groom’s ring
- Plan honeymoon and make reservations

### Say “I Do” to the view...

Utah Valley Convention Center, Opening Spring 2012

Offering...
- Rooftop Terrace Ceremonies & Receptions
- Professional Event & Catering Staff
- Complete Catering Services
- Audio Visual Services
- Beautiful Mountain Views

Call (801) 851-2200
220 Center Street, Provo, UT 84601
www.UtahValleyConventionCenter.com

Cake Couture LLC
www.cakecoutureutah.com
801-735-2830
**Mr. and Mrs. Ron Jolley and Mr. and Mrs. Peter Ventimiglia Request the honor of your presence at the marriage of their children Marianne & Milo in the Salt Lake Temple Saturday, the seventh of September two-thousand and eleven at eleven o'clock in the morning.**

Please also Join us for a reception at the Joseph Smith Memorial Building Wasatch Room Salt Lake City, Utah at seven o'clock that evening.

### 2 Months Before
- Start addressing announcements
- Register at two or three stores
- Pick out pictures for reception slideshow
- Find place to live
- Decide on favors and order necessary items
- Make pre-marital checkup appointment
- Shop for veil, comfortable wedding shoes and jewelry

### 6 Weeks Before
- Send announcements
- Take bridal pictures
- Make hair appointment (appointment must finish two hours before sealing)
- Trial run for your hair
- Purchase gifts for bridesmaids
- Decide menu for luncheon/pre-wedding dinner and reception

### 1 Month Before
- Get marriage license (no more than 30 days before wedding date; licenses and/or Social Security cards may be needed)
- Schedule makeup appointment or experiment with how you want to do your makeup
- Dry clean gown

---

**Elegant, 'Timeless, 'Fun**

- Always with copyright and disc!
- Amazing albums, affordable prices.
- No travel fee, Logan to Provo.
- Prices and complete examples online.
- We love to travel out of state.

Campbell Photography  
www.campbellphotographyutah.com  
801.837.1178

* Mention this ad for $100 off your wedding package.
2 Weeks Before
- Follow up on reservations: florist, photographer, cake, reception music and honeymoon accommodations
- Meet photographer about your desired pictures

1 Week Before
- Get manicure and pedicure
- Pack for honeymoon
- Pick up tuxedos

Wedding Day
- Eat light breakfast
- Go to hair and makeup appointments
- Be at the temple when specified (usually one hour early)
- Don’t forget marriage license, temple recommends, rings and wedding dress
- Take survival kit (needle and thread, extra bobby pins, safety pins, bottle of water, etc.)
- Enjoy one of the best days of your life!

After Wedding
- Change your name on your driver’s license, Social Security card and on school records
- Change address
- Write thank you notes
- Change insurance coverage

Live happily ever after!

BRIDAL CENTER
48 Years of Excellence

FEATURING:
• Maggie Sottero
• Casablanca
• Bonny
• Allure
• Venus

“A Dress for Every Bride”
Service Beyond Compare
Temple Ready Gowns

801 375-5445
235 N University Ave, Provo
801 768-9624
35 W Main St, Lehi

Thank You!

Live happily ever after!
Hello! My name is Heather Butler and I’m the designer for Lauren James Bridal & Formal. I’d like to offer you a personal invitation to come see my exciting new line with the unveiling of our newest, largest store located in the University Mall in Orem. Hundreds of gorgeous gowns await you! From wedding to prom, and bridesmaids to homecoming, your perfect gown will certainly be found among my extensive collections. I invite you to set up an appointment so that our capable staff may more fully serve you. Come celebrate our Grand Opening with us and let us show you what it means to be a Lauren James Bride! And in all things, remember to...

Be Beautiful,
Heather Butler

“Finding a dress at Lauren James Bridal & Formal was the easiest thing ever. This is the best bridal store I’ve ever seen.” —Anne Dahlin

“Your store is definitely the best in Utah” —Stephanie Bates

“In all the stores that I have been to, this has been the BEST.” —Christina Platt

Grand Opening Specials Going on NOW!!
Schedule an appointment and receive a FREE gift while supplies last.

Bring this ad to your scheduled appointment and receive $100 OFF Any Dress Over $499
(Valid only if gown purchased on your first visit to our store.)
One coupon per purchase - Cannot be used in conjunction with any other promotion or offer. Not redeemable for cash.

University Mall (Next to Macy’s)
575 East University Parkway Suite F111, Orem UT 84097
Phone: 801.225.8700
Orem Store Hours: Mon-Sat 10a.m. to 9p.m.

Bloomington Courtyard (Behind Zion’s Bank)
144 W. Brigham Rd. Ste. 8A St. George, UT 84790
Phone: 435.674.2223
St George Store Hours: Mon-Sat 11a.m. to 6p.m.

www.laurenjamesbridal.com
You stand out from a crowd when your heart’s on fire.